

# COVID-19 RESOURCES

COVID  
19  
CORONAVIRUS  
DISEASE

CORONAVIRUS DISEASE  
2019 (COVID-19)



Patients with COVID-19 have reportedly had mild to severe respiratory illness. Symptoms can include

- Fever
- Cough
- Shortness of breath

\*Symptoms may appear 2–14 days after exposure.

Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

[www.cdc.gov/covid19-symptoms](https://www.cdc.gov/covid19-symptoms)

Check out these sites to get the most reliable information about COVID-19:

- [CDC: Centers for Disease Control & Prevention](#) has comprehensive information including what to do if you think you are sick and the number of cases nationwide etc.
- [Illinois Department of Public Health](#) has information on how to prevent the spread of COVID-19 in the community as well as daily press releases.
- [Doctors Without Borders](#) has transnational information that is short, sweet, to the point and has video and visual information. It is in French and English and updated regularly.
- [World Health Organization](#) is another transnational resource with information and updates on the spread of COVID-19 in multiple languages.
- **For Children and Teens:** [NPR's Goats and Soda](#) released this comic for children that can be read in the blog or downloaded and folded into a zine.
- **For Children and Teens:** [BrainPOP](#) is a surprisingly entertaining, at times humorous, basic explanation of COVID-19 and discusses needed precautions for elementary-age children and young teens.